Peter Elbow

Closing My Eyes As I Speak: An Argument for Ignoring Audience

Very often people don’t listen to you when you speak to them. It’s only when you talk to yourself that they prick up their ears.

John Ashberry

When I am talking to a person or a group and struggling to find words or thoughts, I often find myself involuntarily closing my eyes as I speak. I realize now that this behavior is an instinctive attempt to blot out awareness of audience when I need all my concentration for just trying to figure out or express what I want to say. Because the audience is so imperiously present in a speaking situation, my instinct reacts with this active attempt to avoid audience awareness. This behavior—in a sense impolite or anti-social—is not so uncommon. Even when we write, alone in a room to an absent audience, there are occasions when we are struggling to figure something out and need to push aside awareness of those absent readers. As Donald Murray puts it, “My sense of audience is so strong that I have to suppress my conscious awareness of audience to hear what the text demands” (Berkenkotter and Murray 171). In recognition of how pervasive the role of audience is in writing, I write to celebrate the benefits of ignoring audience.1

It will be clear that my argument for writing without audience awareness is not meant to undermine the many good reasons for writing with audience awareness some of the time. (For example, that we are liable to neglect audience

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1. There are many different entities called audience: (a) The actual readers to whom the text will be given; (b) the writer’s conception of those readers—which may be mistaken (see Ong; Park; Ede and Lunsford); (c) the audience that the text implies—which may be different still (see Booth); (d) the discourse community or even genre addressed or implied by the text (see Walzer); (e) ghost or phantom “readers in the head” that the writer may unconsciously address or try to please (see Elbow, Writing with Power 186ff. Classically, this is a powerful former teacher. Often such an audience is so ghostly as not to show up as actually “implied” by the text). For the essay I am writing here, these differences don’t much matter: I’m celebrating the ability to put aside the needs or demands of any or all of these audiences. I recognize, however, that we sometimes cannot fight our way free of unconscious or tacit audiences (as in b or e above) unless we bring them to greater conscious awareness.

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because we write in solitude; that young people often need more practice in taking into account points of view different from their own; and that students often have an impoverished sense of writing as communication because they have only written in a school setting to teachers.) Indeed I would claim some part in these arguments for audience awareness—which now seem to be getting out of hand.

I start with a limited claim: even though ignoring audience will usually lead to weak writing at first—to what Linda Flower calls "writer-based prose," this weak writing can help us in the end to better writing than we would have written if we'd kept readers in mind from the start. Then I will make a more ambitious claim: writer-based prose is sometimes better than reader-based prose. Finally I will explore some of the theory underlying these issues of audience.

A Limited Claim

It's not that writers should never think about their audience. It's a question of when. An audience is a field of force. The closer we come—the more we think about these readers—the stronger the pull they exert on the contents of our minds. The practical question, then, is always whether a particular audience functions as a helpful field of force or one that confuses or inhibits us.

Some audiences, for example, are inviting or enabling. When we think about them as we write, we think of more and better things to say—and what we think somehow arrives more coherently structured than usual. It's like talking to the perfect listener: we feel smart and come up with ideas we didn't know we had. Such audiences are helpful to keep in mind right from the start.

Other audiences, however, are powerfully inhibiting—so much so, in certain cases, that awareness of them as we write blocks writing altogether. There are certain people who always make us feel dumb when we try to speak to them: we can't find words or thoughts. As soon as we get out of their presence, all the things we wanted to say pop back into our minds. Here is a student telling what happens when she tries to follow the traditional advice about audience:

You know ______ [author of a text] tells us to pay attention to the audience that will be reading our papers, and I gave that a try. I ended up without putting a word on paper until I decided the hell with ______; I'm going to write to who I damn well want to; otherwise I can hardly write at all.

Admittedly, there are some occasions when we benefit from keeping a threatening audience in mind from the start. We've been putting off writing that letter to that person who intimidates us. When we finally sit down and write to them—walk right up to them, as it were, and look them in the eye—we may manage to stand up to the threat and grasp the nettle and thereby find just what we need to write.

Most commonly, however, the effect of audience awareness is somewhere between the two extremes: the awareness disturbs or disrupts our writing and thinking without completely blocking it. For example, when we have to write to someone we find intimidating (and of course students often perceive teachers as
intimidating), we often start thinking wholly defensively. As we write down each thought or sentence, our mind fills with thoughts of how the intended reader will criticize or object to it. So we try to qualify or soften what we've just written—or write out some answer to a possible objection. Our writing becomes tangled. Sometimes we get so tied in knots that we cannot even figure out what we think. We may not realize how often audience awareness has this effect on our students when we don't see the writing processes behind their papers: we just see texts that are either tangled or empty.

Another example. When we have to write to readers with whom we have an awkward relationship, we often start beating around the bush and feeling shy or scared, or start to write in a stilted, overly careful style or voice. (Think about the cute, too-clever style of many memos we get in our departmental mailboxes—the awkward self-consciousness academics experience when writing to other academics.) When students are asked to write to readers they have not met or cannot imagine, such as "the general reader" or "the educated public," they often find nothing to say except cliches they know they don't even quite believe.

When we realize that an audience is somehow confusing or inhibiting us, the solution is fairly obvious. We can ignore that audience altogether during the early stages of writing and direct our words only to ourselves or to no one in particular—or even to the "wrong" audience, that is, to an inviting audience of trusted friends or allies. This strategy often dissipates the confusion; the clenched, defensive discourse starts to run clear. Putting audience out of mind is of course a traditional practice: serious writers have long used private journals for early explorations of feeling, thinking, or language. But many writing teachers seem to think that students can get along without the private writing serious writers find so crucial—or even that students will benefit from keeping their audience in mind for the whole time. Things often don't work out that way.

After we have figured out our thinking in copious exploratory or draft writing—perhaps finding the right voice or stance as well—then we can follow the traditional rhetorical advice: think about readers and revise carefully to adjust our words and thoughts to our intended audience. For a particular audience it may even turn out that we need to disguise our point of view. But it's hard to disguise something while engaged in trying to figure it out. As writers, then, we need to learn when to think about audience and when to put readers out of mind.

Many people are too quick to see Flower's "writer-based prose" as an analysis of what's wrong with this type of writing and miss the substantial degree to which she was celebrating a natural, and indeed developmentally enabling, response to cognitive overload. What she doesn't say, however, despite her emphasis on planning and conscious control in the writing process, is that we can teach students to notice when audience awareness is getting in their way—and when this happens, consciously to put aside the needs of readers for a while. She seems to assume that when an overload occurs, the writer-based gear will, as it were, automatically kick into action to relieve it. In truth, of course, writers often persist in using a malfunctioning reader-based gear despite the overload—thereby mangling their language or thinking. Though Flower likes to rap the
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knuckles of people who suggest a "correct" or "natural" order for steps in the writing process, she implies such an order here: when attention to audience causes an overload, start out by ignoring them while you attend to your thinking; after you work out your thinking, turn your attention to audience.

Thus if we ignore audience while writing on a topic about which we are not expert or about which our thinking is still evolving, we are likely to produce exploratory writing that is unclear to anyone else—perhaps even inconsistent or a complete mess. Yet by doing this exploratory "swamp work" in conditions of safety, we can often coax our thinking through a process of new discovery and development. In this way we can end up with something better than we could have produced if we'd tried to write to our audience all along. In short, ignoring audience can lead to worse drafts but better revisions. (Because we are professionals and adults, we often write in the role of expert: we may know what we think without new exploratory writing; we may even be able to speak confidently to critical readers. But students seldom experience this confident professional stance in their writing. And think how much richer our writing would be if we defined ourselves as inexpert and allowed ourselves private writing for new explorations of those views we are allegedly sure of.)

Notice then that two pieties of composition theory are often in conflict:

1. Think about audience as you write (this stemming from the classical rhetorical tradition).
2. Use writing for making new meaning, not just transmitting old meanings already worked out (this stemming from the newer epistemic tradition I associate with Ann Berthoff's classic explorations).

It's often difficult to work out new meaning while thinking about readers.

A More Ambitious Claim

I go further now and argue that ignoring audience can lead to better writing—immediately. In effect, writer-based prose can be better than reader-based prose. This might seem a more controversial claim, but is there a teacher who has not had the experience of struggling and struggling to no avail to help a student untangle his writing, only to discover that the student's casual journal writing or freewriting is untangled and strong? Sometimes freewriting is stronger than the essays we get only because it is expressive, narrative, or descriptive writing and the student was not constrained by a topic. But teachers who collect drafts with completed assignments often see passages of freewriting that are strikingly stronger even when they are expository and constrained by the assigned topic. In some of these passages we can sense that the strength derives from the student's unawareness of readers.

It's not just unskilled, tangled writers, though, who sometimes write better by forgetting about readers. Many competent and even professional writers produce mediocre pieces because they are thinking too much about how their readers will receive their words. They are acting too much like a salesman trained to look the customer in the eye and to think at all times about the characteristics of the "target audience." There is something too staged or planned or self-aware
about such writing. We see this quality in much second-rate newspaper or magazine or business writing: "good-student writing" in the awful sense of the term. Writing produced this way reminds us of the ineffective actor whose consciousness of self distracts us: he makes us too aware of his own awareness of us. When we read such prose, we wish the writer would stop thinking about us—would stop trying to "adjust" or "fit" what he is saying to our frame of reference. "Damn it, put all your attention on what you are saying," we want to say, "and forget about us and how we are reacting."

When we examine really good student or professional writing, we can often see that its goodness comes from the writer's having gotten sufficiently wrapped up in her meaning and her language as to forget all about audience needs: the writer manages to "break through." The Earl of Shaftesbury talked about writers needing to escape their audience in order to find their own ideas (Cooper 1:109; see also Griffin). It is characteristic of much truly good writing to be, as it were, on fire with its meaning. Consciousness of readers is burned away; involvement in subject determines all. Such writing is analogous to the performance of the actor who has managed to stop attracting attention to her awareness of the audience watching her.

The arresting power in some writing by small children comes from their obliviousness to audience. As readers, we are somehow sucked into a more-than-usual connection with the meaning itself because of the child's gift for more-than-usual concentration on what she is saying. In short, we can feel some pieces of children's writing as being very writer-based. Yet it's precisely that quality which makes it powerful for us as readers. After all, why should we settle for a writer's entering our point of view, if we can have the more powerful experience of being sucked out of our point of view and into her world? This is just the experience that children are peculiarly capable of giving because they are so expert at total absorption in their world as they are writing. It's not just a matter of whether the writer "decenters," but of whether the writer has a sufficiently strong focus of attention to make the reader decenter. This quality of concentration is what D. H. Lawrence so admires in Melville:

[Melville] was a real American in that he always felt his audience in front of him. But when he ceases to be American, when he forgets all audience, and gives us his sheer apprehension of the world, then he is wonderful, his book [Moby Dick] commands a stillness in the soul, an awe. (158)

What most readers value in really excellent writing is not prose that is right for readers but prose that is right for thinking, right for language, or right for the subject being written about. If, in addition, it is clear and well suited to readers, we appreciate that. Indeed we feel insulted if the writer did not somehow try to make the writing available to us before delivering it. But if it succeeds at being really true to language and thinking and "things," we are willing to put up with much difficulty as readers:

[G]ood writing is not always or necessarily an adaptation to communal norms (in the Fish/Bruffee sense) but may be an attempt to construct (and instruct) a reader capable of reading the text in question. The literary history of the "difficult" work—from Mallarme to Pound, Zukofsky, Olson, etc.—seems to say that much of
what we value in writing we’ve had to learn to value by learning how to read it. (Trimbur)

The effect of audience awareness on voice is particularly striking—if paradoxical. Even though we often develop our voice by finally “speaking up” to an audience or “speaking out” to others, and even though much dead student writing comes from students’ not really treating their writing as a communication with real readers, nevertheless, the opposite effect is also common: we often do not really develop a strong, authentic voice in our writing till we find important occasions for ignoring audience—saying, in effect, “To hell with whether they like it or not. I’ve got to say this the way I want to say it.” Admittedly, the voice that emerges when we ignore audience is sometimes odd or idiosyncratic in some way, but usually it is stronger. Indeed, teachers sometimes complain that student writing is “writer-based” when the problem is simply the idiosyncracy—and sometimes in fact the power—of the voice. They would value this odd but resonant voice if they found it in a published writer (see “Real Voice,” Elbow, Writing with Power). Usually we cannot trust a voice unless it is unaware of us and our needs and speaks out in its own terms (see the Ashberry epigraph). To celebrate writer-based prose is to risk the charge of romanticism: just warbling one’s woodnotes wild. But my position also contains the austere classic view that we must nevertheless revise with conscious awareness of audience in order to figure out which pieces of writer-based prose are good as they are—and how to discard or revise the rest.

To point out that writer-based prose can be better for readers than reader-based prose is to reveal problems in these two terms. Does writer-based mean:

1. That the text doesn’t work for readers because it is too much oriented to the writer’s point of view?
2. Or that the writer was not thinking about readers as she wrote, although the text may work for readers?

Does reader-based mean:

3. That the text works for readers—meets their needs?
4. Or that the writer was attending to readers as she wrote although her text may not work for readers?

In order to do justice to the reality and complexity of what actually happens in both writers and readers, I was going to suggest four terms for the four conditions listed above, but I gradually realized that things are even too complex for that. We really need to ask about what’s going on in three dimensions—in the writer, in the reader, and in the text—and realize that the answers can occur in virtually any combination:

—Was the writer thinking about readers or oblivious to them?
—Is the text oriented toward the writer’s frame of reference or point of view, or oriented toward that of readers? (A writer may be thinking about readers and still write a text that is largely oriented towards her own frame of reference.)
—Are the readers’ needs being met? (The text may meet the needs of readers whether the writer was thinking about them or not, and whether the text is oriented toward them or not.)
Two Models of Cognitive Development

Some of the current emphasis on audience awareness probably derives from a model of cognitive development that needs to be questioned. According to this model, if you keep your readers in mind as you write, you are operating at a higher level of psychological development than if you ignore readers. Directing words to readers is "more mature" than directing them to no one in particular or to yourself. Flower relates writer-based prose to the inability to "decenter" which is characteristic of Piaget's early stages of development, and she relates reader-based prose to later more mature stages of development.

On the one hand, of course this view must be right. Children do decenter as they develop. As they mature they get better at suiting their discourse to the needs of listeners, particularly to listeners very different from themselves. Especially, they get better at doing so consciously—thinking awarely about how things appear to people with different viewpoints. Thus much unskilled writing is unclear or awkward because the writer was doing what it is so easy to do—unthinkingly taking her own frame of reference for granted and not attending to the needs of readers who might have a different frame of reference. And of course this failure is more common in younger, immature, "egocentric" students (and also more common in writing than in speaking since we have no audience present when we write).

But on the other hand, we need the contrary model that affirms what is also obvious once we reflect on it, namely that the ability to turn off audience awareness—especially when it confuses thinking or blocks discourse—is also a "higher" skill. I am talking about an ability to use language in "the desert island mode," an ability that tends to require learning, growth, and psychological development. Children, and even adults who have not learned the art of quiet, thoughtful, inner reflection, are often unable to get much cognitive action going in their heads unless there are other people present to have action with. They are dependent on live audience and the social dimension to get their discourse rolling or to get their thinking off the ground.

For in contrast to a roughly Piagetian model of cognitive development that says we start out as private, egocentric little monads and grow up to be public and social, it is important to invoke the opposite model that derives variously from Vygotsky, Bakhtin, and Meade. According to this model, we start out social and plugged into others and only gradually, through learning and development, come to "unplug" to any significant degree so as to function in a more private, individual and differentiated fashion: "Development in thinking is not from the individual to the socialized, but from the social to the individual" (Vygotsky 20). The important general principle in this model is that we tend to develop our important cognitive capacities by means of social interaction with others, and having done so we gradually learn to perform them alone. We fold the "simple" back-and-forth of dialogue into the "complexity" (literally, "foldedness") of individual, private reflection.

Where the Piagetian (individual psychology) model calls our attention to the obvious need to learn to enter into viewpoints other than our own, the
Vygotskian (social psychology) model calls our attention to the equally important need to learn to produce good thinking and discourse while alone. A rich and enfolded mental life is something that people achieve only gradually through growth, learning, and practice. We tend to associate this achievement with the fruits of higher education.

Thus we see plenty of students who lack this skill, who have nothing to say when asked to freewrite or to write in a journal. They can dutifully “reply” to a question or a topic, but they cannot seem to initiate or sustain a train of thought on their own. Because so many adolescent students have this difficulty, many teachers chime in: “Adolescents have nothing to write about. They are too young. They haven’t had significant experience.” In truth, adolescents don’t lack experience or material, no matter how “sheltered” their lives. What they lack is practice and help. Desert island discourse is a learned cognitive process. It’s a mistake to think of private writing (journal writing and freewriting) as merely “easy”—merely a relief from trying to write right. It’s also hard. Some exercises and strategies that help are Ira Progoff’s “Intensive Journal” process, Sondra Perl’s “Composing Guidelines,” or Elbow’s “Loop Writing” and “Open Ended Writing” processes (Writing with Power 50-77).

The Piagetian and Vygotskian developmental models (language-begins-as-private vs. language-begins-as-social) give us two different lenses through which to look at a common weakness in student writing, a certain kind of “thin” writing where the thought is insufficiently developed or where the language doesn’t really explain what the writing implies or gestures toward. Using the Piagetian model, as Flower does, one can specify the problem as a weakness in audience orientation. Perhaps the writer has immaturely taken too much for granted and unthinkingly assumed that her limited explanations carry as much meaning for readers as they do for herself. The cure or treatment is for the writer to think more about readers.

Through the Vygotskian lens, however, the problem and the “immaturity” look altogether different. Yes, the writing isn’t particularly clear or satisfying for readers, but this alternative diagnosis suggests a failure of the private desert island dimension: the writer’s explanation is too thin because she didn’t work out her train of thought fully enough for herself. The suggested cure or treatment is not to think more about readers but to think more for herself, to practice exploratory writing in order to learn to engage in that reflective discourse so central to mastery of the writing process. How can she engage readers more till she has engaged herself more?

The current emphasis on audience awareness may be particularly strong now for being fueled by both psychological models. From one side, the Piagetians say, in effect, “The egocentric little critters, we’ve got to socialize ‘em! Ergo, make them think about audience when they write!” From the other side, the Vygotskians say, in effect, “No wonder they’re having trouble writing. They’ve been bamboozled by the Piagetian heresy. They think they’re solitary individuals with private selves when really they’re just congeries of voices that derive from their discourse community. Ergo, let’s intensify the social context—use peer groups and publication: make them think about audience when they write!
(And while we're at it, let's hook them up with a better class of discourse community.)” To advocate ignoring audience is to risk getting caught in the crossfire from two opposed camps.

Two Models of Discourse: Discourse as Communication and Discourse as Poesis or Play

We cannot talk about writing without at least implying a psychological or developmental model. But we'd better make sure it's a complex, paradoxical, or spiral model. Better yet, we should be deft enough to use two contrary models or lenses. (Bruner pictures the developmental process as a complex movement in an upward reiterative spiral—not a simple movement in one direction.)

According to one model, it is characteristic of the youngest children to direct their discourse to an audience. They learn discourse because they have an audience; without an audience they remain mute, like "the wild child." Language is social from the start. But we need the other model to show us what is also true, namely that it is characteristic of the youngest children to use language in a non-social way. They use language not only because people talk to them but also because they have such a strong propensity to play and to build—often in a non-social or non-audience-oriented fashion. Thus although one paradigm for discourse is social communication, another is private exploration or solitary play. Babies and toddlers tend to babble in an exploratory and reflective way—to themselves and not to an audience—often even with no one else near. This archetypally private use of discourse is strikingly illustrated when we see a pair of toddlers in "parallel play" alongside each other—each busily talking but not at all trying to communicate with the other.

Therefore, when we choose paradigms for discourse, we should think not only about children using language to communicate, but also about children building sandcastles or drawing pictures. Though children characteristically show their castles or pictures to others, they just as characteristically trample or crumple them before anyone else can see them. Of course sculptures and pictures are different from words. Yet discourse implies more media than words; and even if you restrict discourse to words, one of our most mature uses of language is for building verbal pictures and structures for their own sake—not just for communicating with others.

Consider this same kind of behavior at the other end of the life cycle: Brahms staggering from his deathbed to his study to rip up a dozen or more completed but unpublished and unheard string quartets that dissatisfied him. How was he relating to audience here—worrying too much about audience or not giving a damn? It's not easy to say. Consider Glenn Gould deciding to renounce performances before an audience. He used his private studio to produce recorded performances for an audience, but to produce ones that satisfied himself he clearly needed to suppress audience awareness. Consider the more extreme example of Kerouac typing page after page—burning each as soon as he completed it. The language behavior of humans is slippery. Surely we are well advised to avoid positions that say it is "always X" or "essentially Y."
James Britton makes a powerful argument that the “making” or poesis function of language grows out of the expressive function. Expressive language is often for the sake of communication with an audience, but just as often it is only for the sake of the speaker—working something out for herself (66-67, 74ff). Note also that “writing to learn,” which writing-across-the-curriculum programs are discovering to be so important, tends to be writing for the self or even for no one at all rather than for an outside reader. You throw away the writing, often unread, and keep the mental changes it has engendered.

I hope this emphasis on the complexity of the developmental process—the limits of our models and of our understanding of it—will serve as a rebuke to the tendency to label students as being at a lower stage of cognitive development just because they don’t yet write well. (Occasionally they do write well—in a way—but not in the way that the labeler finds appropriate.) Obviously the psychologistic labeling impulse started out charitably. Shaughnessy was fighting those who called basic writers stupid by saying they weren’t dumb, just at an earlier developmental stage. Flower was arguing that writer-based prose is a natural response to a cognitive overload and indeed developmentally enabling. But this kind of talk can be dangerous since it labels students as literally “retarded” and makes teachers and administrators start to think of them as such. Instead of calling poor writers either dumb or slow (two forms of blaming the victim), why not simply call them poor writers? If years of schooling haven’t yet made them good writers, perhaps they haven’t gotten the kind of teaching and support they need. Poor students are often deprived of the very thing they need most to write well (which is given to good students): lots of extended and adventuresome writing for self and for audience. Poor students are often asked to write only answers to fill-in exercises.

As children get older, the developmental story remains complex or spiral. Though the first model makes us notice that babies start out with a natural gift for using language in a social and communicative fashion, the second model makes us notice that children and adolescents must continually learn to relate their discourse better to an audience—must struggle to decenter better. And though the second model makes us notice that babies also start out with a natural gift for using language in a private, exploratory and playful way, the first model makes us notice that children and adolescents must continually learn to master this solitary, desert island, poesis mode better. Thus we mustn’t think of language only as communication—nor allow communication to claim dominance either as the earliest or as the most “mature” form of discourse. It’s true that language is inherently communicative (and without communication we don’t develop language), yet language is just as inherently the stringing together of exploratory discourse for the self—or for the creation of objects (play, poesis, making) for their own sake.

In considering this important poesis function of language, we need not discount (as Berkenkotter does) the striking testimony of so many witnesses who think and care most about language: professional poets, writers, and philosophers. Many of them maintain that their most serious work is making, not communicating, and that their commitment is to language, reality, logic, experience,
not to readers. Only in their willingness to cut loose from the demands or needs of readers, they insist, can they do their best work. Here is William Stafford on this matter:

I don’t want to overstate this . . . but . . . my impulse is to say I don’t think of an audience at all. When I’m writing, the satisfactions in the process of writing are my satisfactions in dealing with the language, in being surprised by phrasings that occur to me, in finding that this miraculous kind of convergent focus begins to happen. That’s my satisfaction, and to think about an audience would be a distraction. I try to keep from thinking about an audience. (Cicotello 176)

And Chomsky:

I can be using language in the strictest sense with no intention of communicating. . . . As a graduate student, I spent two years writing a lengthy manuscript, assuming throughout that it would never be published or read by anyone. I meant everything I wrote, intending nothing as to what anyone would understand, in fact taking it for granted that there would be no audience. . . . Communication is only one function of language, and by no means an essential one. (Qtd. in Feldman 5-6.)

It’s interesting to see how poets come together with philosophers on this point—and even with mathematicians. All are emphasizing the “poetic” function of language in its literal sense—“poesis” as “making.” They describe their writing process as more like “getting something right” or even “solving a problem” for its own sake than as communicating with readers or addressing an audience. The task is not to satisfy readers but to satisfy the rules of the system: “[T]he writer is not thinking of a reader at all; he makes it ‘clear’ as a contract with language” (Goodman 164).

Shall we conclude, then, that solving an equation or working out a piece of symbolic logic is at the opposite end of the spectrum from communicating with readers or addressing an audience? No. To draw that conclusion would be to fall again into a one-sided position. Sometimes people write mathematics for an audience, sometimes not. The central point in this essay is that we cannot answer audience questions in an a priori fashion based on the “nature” of discourse or of language or of cognition—only in terms of the different uses or purposes to which humans put discourse, language, or cognition on different occasions. If most people have a restricted repertoire of uses for writing—if most people use writing only to send messages to readers, that’s no argument for constricting the definition of writing. It’s an argument for helping people expand their repertoire of uses.

The value of learning to ignore audience while writing, then, is the value of learning to cultivate the private dimension: the value of writing in order to make meaning to oneself, not just to others. This involves learning to free oneself (to some extent, anyway) from the enormous power exerted by society and others, to unhook oneself from external prompts and social stimuli. We’ve grown accustomed to theorists and writing teachers puritanically stressing the problem of writing: the tendency to neglect the needs of readers because we usually write in solitude. But let’s also celebrate this same feature of writing as one of its glories: writing invites disengagement too, the inward turn of mind, and the dialogue with self. Though writing is deeply social and though we usually help things by
enhancing its social dimension, writing is also the mode of discourse best suited to helping us develop the reflective and private dimension of our mental lives.

"But Wait a Minute, ALL Discourse Is Social"

Some readers who see all discourse as social will object to my opposition between public and private writing (the "trap of oppositional thinking") and insist that there is no such thing as private discourse. What looks like private, solitary mental work, they would say, is really social. Even on the desert island I am in a crowd.

[B]y ignoring audience in the conventional sense, we return to it in another sense. What I get from Vygotsky and Bakhtin is the notion that audience is not really out there at all but is in fact "always already" (to use that poststructuralist mannerism . . . ) inside, interiorized in the conflicting languages of others—parents, former teachers, peers, prospective readers, whomever—that writers have to negotiate to write, and that we do negotiate when we write whether we’re aware of it or not. The audience we’ve got to satisfy in order to feel good about our writing is as much in the past as in the present or future. But we experience it (it’s so internalized) as ourselves. (Trimbur)

(Ken Bruffee likes to quote from Frost: "Men work together, . . . /Whether they work together or apart" ["The Tuft of Flowers"]). Or—putting it slightly differently—when I engage in what seems like private non-audience-directed writing, I am really engaged in communication with the "audience of self." For the self is multiple, not single, and discourse to self is communication from one entity to another. As Feldman argues, "The self functions as audience in much the same way that others do" (290).

Suppose I accept this theory that all discourse is really social—including what I’ve been calling "private writing" or writing I don’t intend to show to any reader. Suppose I agree that all language is essentially communication directed toward an audience—whether some past internalized voice or (what may be the same thing) some aspect of the self. What would this theory say to my interest in "private writing"?

The theory would seem to destroy my main argument. It would tell me that there’s no such thing as "private writing"; it’s impossible not to address audience; there are no vacations from audience. But the theory might try to console me by saying not to worry, because we don’t need vacations from audience. Addressing audience is as easy, natural, and unaware as breathing—and we’ve been at it since the cradle. Even young, unskilled writers are already expert at addressing audiences.

But if we look closely we can see that in fact this theory doesn’t touch my central practical argument. For even if all discourse is naturally addressed to some audience, it’s not naturally addressed to the right audience—the living readers we are actually trying to reach. Indeed the pervasiveness of past audiences in our heads is one more reason for the difficulty of reaching present audiences with our texts. Thus even if I concede the theoretical point, there still remains an enormous practical and phenomenological difference between writing
“public” words for others to read and writing “private” words for no one to read.

Even if “private writing” is “deep down” social, the fact remains that, as we engage in it, we don’t have to worry about whether it works on readers or even makes sense. We can refrain from doing all the things that audience-awareness advocates advise us to do (“keeping our audience in mind as we write” and trying to “decenter”). Therefore this social-discourse theory doesn’t undermine the benefits of “private writing” and thus provides no support at all for the traditional rhetorical advice that we should “always try to think about (intended) audience as we write.”

In fact this social-discourse theory reinforces two subsidiary arguments I have been making. First, even if there is no getting away from some audience, we can get relief from an inhibiting audience by writing to a more inviting one. Second, audience problems don’t come only from actual audiences but also from phantom “audiences in the head” (Elbow, Writing with Power 186ff). Once we learn how to be more aware of the effects of both external and internal readers and how to direct our words elsewhere, we can get out of the shadow even of a troublesome phantom reader.

And even if all our discourse is directed to or shaped by past audiences or voices, it doesn’t follow that our discourse is well directed to or successfully shaped for those audiences or voices. Small children direct much talk to others, but that doesn’t mean they always suit their talk to others. They often fail. When adults discover that a piece of their writing has been “heavily shaped” by some audience, this is bad news as much as good: often the writing is crippled by defensive moves that try to fend off criticism from this reader.

As teachers, particularly, we need to distinguish and emphasize “private writing” in order to teach it, to teach that crucial cognitive capacity to engage in extended and productive thinking that doesn’t depend on audience prompts or social stimuli. It’s sad to see so many students who can reply to live voices but cannot engage in productive dialogue with voices in their heads. Such students often lose interest in an issue that had intrigued them—just because they don’t find other people who are interested in talking about it and haven’t learned to talk reflectively to themselves about it.

For these reasons, then, I believe my main argument holds force even if I accept the theory that all discourse is social. But, perhaps more tentatively, I resist this theory. I don’t know all the data from developmental linguistics, but I cannot help suspecting that babies engage in some private poesis—or “play-language”—some private babbling in addition to social babbling. Of course Vygotsky must be right when he points to so much social language in children, but can we really trust him when he denies all private or nonsocial language (which Piaget and Chomsky see)? I am always suspicious when someone argues for the total nonexistence of a certain kind of behavior or event. Such an argument is almost invariably an act of definitional aggrandizement, not empirical searching. To say that all language is social is to flop over into the opposite one-sidedness that we need Vygotsky’s model to save us from.
And even if all language is originally social, Vygotsky himself emphasizes how "inner speech" becomes more individuated and private as the child matures. "[E]gocentric speech is relatively accessible in three-year-olds but quite inscrutable in seven-year-olds: the older the child, the more thoroughly has his thought become inner speech" (Emerson 254; see also Vygotsky 134). "The inner speech of the adult represents his 'thinking for himself' rather than social adaptation. . . . Out of context, it would be incomprehensible to others because it omits to mention what is obvious to the 'speaker'" (Vygotsky 18).

I also resist the theory that all private writing is really communication with the "audience of self." ("When we represent the objects of our thought in language, we intend to make use of these representations at a later time. . . . [T]he speaker-self must have audience directed intentions toward a listener-self" [Feldman 289].) Of course private language often is a communication with the audience of self:

—When we make a shopping list. (It’s obvious when we can’t decipher that third item that we’re confronting failed communication with the self.)
—When we make a rough draft for ourselves but not for others’ eyes. Here we are seeking to clarify our thinking with the leverage that comes from standing outside and reading our own utterance as audience—experiencing our discourse as receiver instead of as sender.
—When we experience ourselves as slightly split. Sometimes we experience ourselves as witness to ourselves and hear our own words from the outside—sometimes with great detachment, as on some occasions of pressure or stress.

But there are other times when private language is not communication with audience of self:

—Freewriting to no one: for the sake of self but not to the self. The goal is not to communicate but to follow a train of thinking or feeling to see where it leads. In doing this kind of freewriting (and many people have not learned it), you don’t particularly plan to come back and read what you’ve written. You just write along and the written product falls away to be ignored, while only the “real product”—any new perceptions, thoughts, or feelings produced in the mind by the freewriting—is saved and looked at again. (It’s not that you don’t experience your words at all but you experience them only as speaker, sender, or emitter—not as receiver or audience. To say that’s the same as being audience is denying the very distinction between ‘speaker’ and ‘audience.’)

As this kind of freewriting actually works, it often leads to writing we look at. That is, we freewrite along to no one, following discourse in hopes of getting somewhere, and then at a certain point we often sense that we have gotten somewhere: we can tell (but not because we stop and read) that what we are now writing seems new or intriguing or important. At this point we may stop writing; or we may keep on writing, but in a new audience-relationship, realizing that we will come back to this passage and read it as audience. Or we may take a new sheet (symbolizing the new audience-relationship) and try to write out for ourselves what’s interesting.
—Writing as exorcism is a more extreme example of private writing not for the audience of self. Some people have learned to write in order to get rid of thoughts or feelings. By freewriting what’s obsessively going round and round in our head we can finally let it go and move on.
I am suggesting that some people (and especially poets and freewriters) engage in a kind of discourse that Feldman, defending what she calls a "communication-intention" view, has never learned and thus has a hard time imagining and understanding. Instead of always using language in an audience-directed fashion for the sake of communication, these writers unleash language for its own sake and let it function a bit on its own, without much intention and without much need for communication, to see where it leads—and thereby end up with some intentions and potential communications they didn't have before.

It's hard to turn off the audience-of-self in writing—and thus hard to imagine writing to no one (just as it's hard to turn off the audience of outside readers when writing an audience-directed piece). Consider "invisible writing" as an intriguing technique that helps you become less of an audience-of-self for your writing. Invisible writing prevents you from seeing what you have written: you write on a computer with the screen turned down, or you write with a spent ball-point pen on paper with carbon paper and another sheet underneath. Invisible writing tends to get people not only to write faster than they normally do, but often better (see Blau). I mean to be tentative about this slippery issue of whether we can really stop being audience to our own discourse, but I cannot help drawing the following conclusion: just as in freewriting, suppressing the other as audience tends to enhance quantity and sometimes even quality of writing; so in invisible writing, suppressing the self as audience tends to enhance quantity and sometimes even quality.

Contraries in Teaching

So what does all this mean for teaching? It means that we are stuck with two contrary tasks. On the one hand, we need to help our students enhance the social dimension of writing: to learn to be more aware of audience, to decenter better and learn to fit their discourse better to the needs of readers. Yet it is every bit as important to help them learn the private dimension of writing: to learn to be less aware of audience, to put audience needs aside, to use discourse in the desert island mode. And if we are trying to advance contraries, we must be prepared for paradoxes.

For instance if we emphasize the social dimension in our teaching (for example, by getting students to write to each other, to read and comment on each others' writing in pairs and groups, and by staging public discussions and even debates on the topics they are to write about), we will obviously help the social, public, communicative dimension of writing—help students experience writing not just as jumping through hoops for a grade but rather as taking part in the life of a community of discourse. But "social discourse" can also help private writing by getting students sufficiently involved or invested in an issue so that they finally want to carry on producing discourse alone and in private—and for themselves.

Correlatively, if we emphasize the private dimension in our teaching (for example, by using lots of private exploratory writing, freewriting, and journal writing and by helping students realize that of course they may need practice with
this "easy" mode of discourse before they can use it fruitfully), we will obviously help students learn to write better reflectively for themselves without the need for others to interact with. Yet this private discourse can also help public, social writing—help students finally feel full enough of their own thoughts to have some genuine desire to tell them to others. Students often feel they "don't have anything to say" until they finally succeed in engaging themselves in private desert island writing for themselves alone.

Another paradox: whether we want to teach greater audience awareness or the ability to ignore audience, we must help students learn not only to "try harder" but also to "just relax." That is, sometimes students fail to produce reader-based prose because they don't try hard enough to think about audience needs. But sometimes the problem is cured if they just relax and write to people—as though in a letter or in talking to a trusted adult. By unclenching, they effortlessly call on social discourse skills of immense sophistication. Sometimes, indeed, the problem is cured if the student simply writes in a more social setting—in a classroom where it is habitual to share lots of writing. Similarly, sometimes students can't produce sustained private discourse because they don't try hard enough to keep the pen moving and forget about readers. They must persist and doggedly push aside those feelings of, "My head is empty, I have run out of anything to say." But sometimes what they need to learn through all that persistence is how to relax and let go—to unclench.

As teachers, we need to think about what it means to be an audience rather than just be a teacher, critic, assessor, or editor. If our only response is to tell students what's strong, what's weak, and how to improve it (diagnosis, assessment, and advice), we actually undermine their sense of writing as a social act. We reinforce their sense that writing means doing school exercises, producing for authorities what they already know—not actually trying to say things to readers. To help students experience us as audience rather than as assessment machines, it helps to respond by "replying" (as in a letter) rather than always "giving feedback."

Paradoxically enough, one of the best ways teachers can help students learn to turn off audience awareness and write in the desert island mode—to turn off the babble of outside voices in the head and listen better to quiet inner voices—is to be a special kind of private audience to them, to be a reader who nurtures by trusting and believing in the writer. Britton has drawn attention to the importance of teacher as "trusted adult" for school children (67-68). No one can be good at private, reflective writing without some confidence and trust in self. A nurturing reader can give a writer a kind of permission to forget about other readers or to be one's own reader. I have benefitted from this special kind of audience and have seen it prove useful to others. When I had a teacher who believed in me, who was interested in me and interested in what I had to say, I wrote well. When I had a teacher who thought I was naive, dumb, silly, and in need of being "straightened out," I wrote badly and sometimes couldn't write at all. Here is an interestingly paradoxical instance of the social-to-private principle from Vygotsky and Meade: we learn to listen better and more trustingly to ourselves through interaction with trusting others.
Look for a moment at lyric poets as paradigm writers (instead of seeing them as aberrant), and see how they heighten both the public and private dimensions of writing. Bakhtin says that lyric poetry implies "the absolute certainty of the listener's sympathy" (113). I think it's more helpful to say that lyric poets learn to create more than usual privacy in which to write for themselves—and then they turn around and let others overhear. Notice how poets tend to argue for the importance of no-audience writing, yet they are especially gifted at being public about what they produce in private. Poets are revealers—sometimes even grandstanders or showoffs. Poets illustrate the need for opposite or paradoxical or double audience skills: on the one hand, the ability to be private and solitary and tune out others—to write only for oneself and not give a damn about readers, yet on the other hand, the ability to be more than usually interested in audience and even to be a ham.

If writers really need these two audience skills, notice how bad most conventional schooling is on both counts. Schools offer virtually no privacy for writing: everything students write is collected and read by a teacher, a situation so ingrained students will tend to complain if you don't collect and read every word they write. Yet on the other hand, schools characteristically offer little or no social dimension for writing. It is only the teacher who reads, and students seldom feel that in giving their writing to a teacher they are actually communicating something they really want to say to a real person. Notice how often they are happy to turn in to teachers something perfunctory and fake that they would be embarrassed to show to classmates. Often they feel shocked and insulted if we want to distribute to classmates the assigned writing they hand in to us. (I think of Richard Wright's realization that the naked white prostitutes didn't bother to cover themselves when he brought them coffee as a black bellboy because they didn't really think of him as a man or even a person.) Thus the conventional school setting for writing tends to be the least private and the least public—when what students need, like all of us, is practice in writing that is the most private and also the most public.

**Practical Guidelines about Audience**

The theoretical relationships between discourse and audience are complex and paradoxical, but the practical morals are simple:

1. Seek ways to heighten both the public and private dimensions of writing. (For activities, see the previous section.)

2. When working on important audience-directed writing, we must try to emphasize audience awareness sometimes. A useful rule of thumb is to start by putting the readers in mind and carry on as long as things go well. If difficulties arise, try putting readers out of mind and write either to no audience, to self, or to an inviting audience. Finally, always revise with readers in mind. (Here's another occasion when orthodox advice about writing is wrong—but turns out right if applied to revising.)

3. Seek ways to heighten awareness of one's writing process (through process writing and discussion) to get better at taking control and deciding when to
keep readers in mind and when to ignore them. Learn to discriminate factors like these:

(a) The writing task. Is this piece of writing really for an audience? More often than we realize, it is not. It is a draft that only we will see, though the final version will be for an audience; or exploratory writing for figuring something out; or some kind of personal private writing meant only for ourselves.

(b) Actual readers. When we put them in mind, are we helped or hindered?

(c) One's own temperament. Am I the sort of person who tends to think of what to say and how to say it when I keep readers in mind? Or someone (as I am) who needs long stretches of forgetting all about readers?

(d) Has some powerful "audience-in-the-head" tricked me into talking to it when I'm really trying to talk to someone else—distorting new business into old business? (I may be an inviting teacher-audience to my students, but they may not be able to pick up a pen without falling under the spell of a former, intimidating teacher.)

(e) Is double audience getting in my way? When I write a memo or report, I probably have to suit it not only to my "target audience" but also to some colleagues or supervisor. When I write something for publication, it must be right for readers, but it won't be published unless it is also right for the editors—and if it's a book it won't be much read unless it's right for reviewers. Children's stories won't be bought unless they are right for editors and reviewers and parents. We often tell students to write to a particular "real-life" audience—or to peers in the class—but of course they are also writing for us as graders. (This problem is more common as more teachers get interested in audience and suggest "second" audiences.)

(f) Is teacher-audience getting in the way of my students' writing? As teachers we must often read in an odd fashion: in stacks of 25 or 50 pieces all on the same topic; on topics we know better than the writer; not for pleasure or learning but to grade or find problems (see Elbow, Writing with Power 216-36).

To list all these audience pitfalls is to show again the need for thinking about audience needs—yet also the need for vacations from readers to think in peace.

Works Cited


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An Argument for Ignoring Audience


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